

APPETIZERS

HUMMUS

with toast points 11

CRISPY ARTICHOKEs

with Bleu cheese dip 14

BOCADO AVOCADO

grilled half avocado, charred plum tomatoes, roasted corn, arugula, cilantro & lemon aioli 14

BRUSSELS SPROUTS

sautéed with Chorizo sausage, white wine, garlic and topped with Parmesan cheese 15

GRILLED HALLOUMI

Mediterranean cheese with grilled tomato and extra virgin olive oil 15

BOCADO FRIES

hand cut, topped with truffle oil and feta 11

FRIED CALAMARI

lightly fried baby calamari, served with spicy marinara sauce 15

CRAB CAKE

jumbo lump crab meat, served with corn salsa, Cajun remoulade 17

SALADS

HOUSE SALAD

organic baby greens, avocado, grape tomatoes, cucumber, lemon herb vinaigrette 14

CAESAR SALAD

crisp romaine lettuce, Parmesan cheese, croutons, Caesar dressing 15

BOSC PEAR

baby spinach, sliced almonds, dried cranberries, Manchego cheese, sherry wine vinaigrette 18

BABY ROCKET ARUGULA

green apples, candied walnuts, sweet dates, Manchego cheese, honey balsamic vinaigrette 17

RUSSIAN RED KALE

quinoa, strawberries, goat cheese, almond, sherry wine vinaigrette 18

CHOPPED MEDITERRANEAN

bell pepper, tomatoes, feta cheese, cucumber, Kalamata olives, capers, lemon herb vinaigrette 17

SPINACH & POACHED EGG

baby spinach, avocado, grape tomato, croutons, blue cheese, white balsamic vinaigrette 18

MANGO & AVOCADO

organic baby greens, bell pepper, cucumber, goat cheese, cilantro, mango dressing 18

ASIAN CHICKEN

grilled chicken breast, napa cabbage, organic baby greens, julienne carrot, crispy wontons, sesame ginger vinaigrette 20

CHICKEN PAILLARD

grilled chicken breast served over organic baby greens, red grapes, almonds, lemon herb vinaigrette 20

Add: Chicken 5 – Shrimp 7 - Skirt Steak 8 – Salmon 8

LATE BREAKFAST

AVOCADO & POACHED EGGS

avocado, two poached eggs, lemon, red pepper flakes,
on whole wheat, side of organic mixed greens 18

QUESADILLA BENEDICT

smoked ham, tomato, onion, peppers, cheddar cheese,
pico de gallo, hollandaise sauce 18

CHEF'S OMELETTE

grape tomatoes, spinach, fresh mozzarella, home fries & bacon 17

STEAK & EGGS

NY strip steak & sunny side up eggs 22

BURGERS AND SANDWICHES

served with organic mixed greens salad or hand cut fries

BOCADO BURGER

avocado, applewood smoked bacon, onions, Fontina cheese, arugula, lemon aioli 21

CRAB CAKE BURGER

jumbo lump crab meat, Cajun remoulade 22

BLACK ANGUS BURGER

arugula, tomatoes 17

TURKEY BURGER

frizzled red onion, beefsteak tomato, fig jam, Mediterranean sauce 19

VEGGIE BURGER

spinach, caramelized onion, lentils, carrots, corn, roasted tomatoes, horseradish cream 18

MEDITERRANEAN LAMB BURGER

artichoke hearts, roasted peppers, mint infused Greek yogurt 21

CHICKEN QUESADILLA

grilled chicken, sautéed peppers, onions, cheddar, provolone and served with salsa, sour cream, guacamole 17

CRISPY CHICKEN SANDWICH

breaded chicken, applewood smoked bacon, tomato, avocado, chipotle mayo 18

VEGETARIAN SANDWICH

roasted bell pepper, cremini mushroom, fresh mozzarella, cilantro aioli 17

CHICKEN HALLOUMI SANDWICH

grilled chicken, Mediterranean cheese, tomato, cucumber, lemon aioli 18

TURKEY CLUB

thin sliced turkey breast, applewood smoked bacon, tomato, avocado, chipotle mayo 19

SKIRT STEAK SANDWICH

grilled skirt steak strips, mushroom, sautéed onions, red peppers, American cheese, lemon aioli 21

FLAT BREADS

MARGHERITA

fresh mozzarella, basil & plum tomato sauce 16

BACON AND EGG PIZZA

applewood smoked bacon, Fontina cheese, hollandaise sauce 18

CREMINI MUSHROOM

herb goat cheese, rosemary, thyme, garlic & truffle oil 18

CHORIZO

aged Manchego cheese & chipotle tomato sauce 18

PROSCIUTTO AND FIG

Prosciutto di Parma, goat cheese, fig jam, baby arugula and balsamic glaze 19

FRESH PASTA

(gluten free pasta available)

PENNE ALLA VODKA

traditional tomato cream sauce 19

SPINACH LINGUINE

fresh seasonal vegetables, white wine & garlic sauce 20

LINGUINE BOLOGNESE

our classic meat ragu sauce 21

CHICKEN FETTUCCINE

grilled rosemary chicken, mushroom, green peas, and alfredo sauce 22